



# FOSTER GRANDPARENT GAZETTE

## MARCH 2010

Written and Compiled by Meridith Mertzlufft



### Site Supervisor Teleconference Training

On February 25th the Foster Grandparent Program held their first site supervisor teleconference/webinar. The Foster Grandparent Program Site Supervisors dialed in and logged on to the new Foster Grandparent website [www.ceo-cap.org/seniors](http://www.ceo-cap.org/seniors)

There were two sessions for them to attend. The subjects that were covered were In-kinds, Memorandum of Understanding (MOU), Timesheets, Volunteer Assignment Plan (VAP), and Annual evaluation forms. We realized that sometimes sites have new site supervisors in addition review is always helpful. We wanted to point out our new website and how resourceful it is for printing forms to helping with recruitment. The question and answer time also seemed helpful.



### Easy Cooking Workshop Training

March 5th the Foster Grandparent Program teamed up with the food pantry held an easy cooking workshop as well as a safety video training. Capital District Community Gardens gave the demonstration and talked about the Veggie Mobile as well as local community gardens they could join. If you are interested in joining a community garden you can call 274-8685. For the easy cooking demo they made Spinach, Tomatoes, and tortellini soup as well as homemade applesauce. During the demo they talked about the nutrients in what they were making and how it benefits you. A tip they stressed was choosing a low sodium broth and whole wheat pasta when having the option.



**HAPPY BIRTHDAY to our MARCH born**

**Foster Grandparents!!**

- Sonia Battiste
- Patricia Lacriox
- Carmen Carde
- Barbara Lundy
- Frances Hay

### Upcoming Trainings (Be Red Cross Ready)

In April the Foster Grandparent Program will invite the Red Cross to do a training on "Be Red Cross Ready" on disaster preparedness. The Red Cross is going to be coming to Troy, Albany, Schenectady, and Hoosick Falls .

1) On Monday April 12th at 1:00 will be at CEO 2328 5th Ave 3rd Fl Troy NY

2) On Thursday April 15th at 1:00 will be in Albany (Location TBA)

3) On Wednesday April 21st at 1:00 will be the training in Schenectady.

(Parsons Early Head start  
125 Bigelow Ave  
Schenectady NY)

4) On Wednesday April 28th at 1:30 will be at Hoosick Falls FRC

75 River Rd  
Hoosick Falls NY 12090



American Red Cross

# FOSTER GRANDPARENT WORD FINDER

C H W S Q D V L Z B Q P G Z P W B Z C T W L I D N D Y U L F O Q W C B Z Q N O E  
 E V L N N A J O E T D L D N E A G G O W O R N Q E P I V Y R K W I G T G D Z B J  
 D K W V G U T A E O Z K N O I Z R L K V C E L H R M N J X I T M S J X O V N G F  
 R O Q V O L U N T E E R S R R N P T E S P O I H D Z Q K F V R D D Y E E B U A W  
 Q S T E E H S E M I T M V V T L I J I I P K R W L Q D F O F W Y O O R I E I M U  
 L A Y W Z D R E C O G N I T I O N A T E L A Z Z I G A Z E T T E M H Z S D G Z I  
 P L E H S J F A P C F X R V O P M S R X S X V V H E D V L L E D O H L K C G E Q  
 T N E R A P D N A R G K O T L G F K G T C H T S C I S D Q G B Y X V T A R Y J O

KEY:

- CHILDREN
- GAZETTE
- GRANDPARENT
- HELP
- LOVE
- PARTIES
- RECOGNITION
- STIPEND
- TIMESHEETS
- TRAINING
- VAP
- VOLUNTEERS
- WISDOM

## Important Notice about Foster Grandparent Monthly Trainings

It has come to our attention that monthly Foster Grandparent training has been low in attendance. A requirement of the Foster Grandparent Program is coming to the monthly trainings. If there is a training in your area then you are required to go. Trainings are paid under regular time and transportation is to be put down on your timesheet as well. We do understand if you have a doctor's appointment or you absolutely can not get to the training due to lack of transportation. But if there is a training during or after your regular scheduled working hours you are to report to the training. You may work in the morning and then go onto the training if it

is being held during the afternoon. Also, if your site is holding a training that you are going to participate in please let your case manager know, send a paper with information about the training with your timesheet so that it can be counted. You get paid for that training as well. Thank you for participation and understanding. If you have any questions about this please call 272-1006 and talk to your case manager or Mary the program director.



## Refer a Friend to be a Foster Grandparent and get a \$35 Bonus

The Foster Grandparent Program is always looking for more Foster Grandparents in the following counties Albany, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington. If you have a friend who is 55 years old or older, uses some kind of transportation (bus, drives their own car, or uses a taxi), wants to work for at least 15 hrs a week, and loves working with children please have them call us at 272-1006. Tell them all about the perks about

being a Foster Grandparent. That this program not only gives you a tax free stipend of \$2.65/hr (that doesn't effect their benefits) but that it also gives them a chance to share their love and wisdom with children who could really use it.

